In the United States, more than 1.7 MILLION PEOPLE experience sepsis, an extreme reaction to an infection. Sepsis can lead to tissue damage, organ failure and death.

**Leading Causes:**

<table>
<thead>
<tr>
<th>Infection Type</th>
<th>Example</th>
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</thead>
<tbody>
<tr>
<td>Skin infections (such as cellulitis)</td>
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<tr>
<td>Lung infections (such as pneumonia)</td>
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<tr>
<td>Kidney infections (such as urinary tract infections)</td>
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<tr>
<td>Abdominal infections (such as diverticulitis)</td>
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</tbody>
</table>

**People at High Risk:**

- The elderly
- The very young
- Those with chronic health conditions (diabetes, lung disease, cancer, kidney disease)
- Those with weak immune systems

**Warning Signs:**

- Fever, shivering or feeling very cold
- Elevated heart rate
- Rapid breathing
- Disorientation or confusion
- Clammy or pale skin

**Treatment:**

- Seeking the source of the infection
- Using antibiotics
- Maintaining blood flow to organs

**Prevention:**

- Practice good hygiene, such as washing your hands properly and cleaning cuts
- Discuss with your doctor the best ways to prevent infections
- Get recommended vaccines
- Be aware of the warning signs of sepsis
- Seek medical care immediately when an infection does not get better or worsens