

# MEDICAL POLICY



<b>SUBJECT: PARTIAL HOSPITALIZATION FOR SUBSTANCE USE DISORDERS</b>	<b>EFFECTIVE DATE: 08/25/2016</b> <b>REVISED DATE: 08/25/17, 10/25/18</b>
<b>POLICY NUMBER: 3.01.18</b> <b>CATEGORY: Behavioral Health</b>	<b>PAGE: 1 OF: 2</b>
<ul style="list-style-type: none"><li>• <i>If a product excludes coverage for a service, it is not covered, and medical policy criteria do not apply.</i></li><li>• <i>If a commercial product (including an Essential Plan product) or a Medicaid product covers a specific service, medical policy criteria apply to the benefit.</i></li><li>• <i>If a Medicare product covers a specific service, and there is no national or local Medicare coverage decision for the service, medical policy criteria apply to the benefit.</i></li></ul>	

## **POLICY STATEMENT:**

- I. Effective September 1, 2016, Excellus Health Plan, Inc., will use the LOCADTR 3.0 tool, developed by the New York State (NYS) Office of Alcohol and Substance Abuse Services (OASAS) to define and review all Substance Use Disorders levels of care. In the case of a request for approval for a Substance Use Disorder Partial Hospitalization Program (PHP) level of care (which is not a service currently addressed in LOCADTR 3.0), the Plan will follow the American Society of Addiction Medicine (ASAM's) definition of Substance Use Disorder (SUD) PHP in terms of intensity of services, provider types, etc. for both adults and adolescents and will apply ASAM's related level 2.5 criteria to evaluate medical necessity of the PHP services.
- II. Partial Hospitalization for SUD is a clinical, diagnostic and treatment program offered on an outpatient bases for higher acuity and intensity of services than an Intensive Outpatient Program (IOP) in terms of numbers of days per week and intensity of the daily programming (typically at least 20 hours per week).
- III. The partial hospitalization program is highly structured for individuals who do *not* need the more restrictive and intensive living environment of a 24 hour inpatient setting; but do need the higher intensity treatment services offered in a PHP. This is a time limited program to stabilize acute symptoms.
- IV. Staffing and program requirements apply as set forth in ASAM 2.5 to ensure at programs have the ability to manage mild to -moderate co-occurring mental health issues, as well as withdrawal.
- V. Urine drug screening (UDS) as part of treatment should occur as clinically indicated – see Corporate Medical Policy *Urine Drug Testing* (#2.02.50) for recommended frequency and billing codes.

## **POLICY GUIDELINES:**

For SUD partial hospitalization services to be considered medically necessary, the following criteria must be met:

### **A. Admission Criteria**

1. The individual must be evaluated by a licensed clinician and meets the criteria for substance use diagnosis/disorder in the most current version of the Diagnostic and Statistical manual, which includes dysfunction due to acute symptomatology requiring a medically supervised intervention to achieve stabilization. The evaluation needs to include psychiatric and medical assessment. Information for the assessment may also be obtained from a significant other, family, and/or other important resource.
2. SUD PHP is the level of care requested and ASAM 2.5 criteria are satisfied.
3. Medical/withdrawal symptoms may include, but are not limited to, mild-to moderate symptoms which can be managed in a SUD PHP as long as the program has adequate nursing/protocol/medical staffing for safety and all other criteria has been met according to ASAM 2.5.

### **B. Continuing Stay Criteria (concurrent review)**

1. Continuing stay for this level of care is appropriate where ASAM 2.5 criteria are satisfied and there is documentation of daily clinical assessment, with the following services being performed on a weekly basis:
  - a. SUD evaluation, and
  - b. Medication evaluation documented with any necessary medication assisted treatment being initiated while member is in this level of care with significant supervision.

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**C. Discharge Criteria**

1. The care no longer meets ASAM 2.5 criteria and/or member goals are completed.

*Refer to Corporate Medical Policy #2.02.50 regarding Urine Drug Testing.*

*Refer to Corporate Medical Policy #3.01.14 regarding Treatment of Substance Use Disorders.*

**DESCRIPTION:**

Substance use disorders include cognitive, behavioral and physiological symptoms related to a maladaptive pattern of behaviors associated to the use of the substance(s). Substance use disorders range in severity due to the symptom presentation of the individual. Substance use disorders range in severity due to the symptom presentation of the individual. The severity and symptoms of substance use disorders are classified in the Diagnostic and Statistical Manual of Mental Disorders, fifth edition.

**CODES:**                    Number    Description

*Eligibility for reimbursement is based upon the benefits set forth in the member's subscriber contract.*

CODES MAY NOT BE COVERED UNDER ALL CIRCUMSTANCES. PLEASE READ THE POLICY AND GUIDELINES STATEMENTS CAREFULLY.

Codes may not be all inclusive as the AMA and CMS code updates may occur more frequently than policy updates.

Code Key: Experimental/Investigational = (E/I), Not medically necessary/ appropriate = (NMN).

**CPT/ REVENUE:**    Multiple CPT and Revenue codes

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**HCPCS:**                    S0201      Partial hospitalization service, less than 24 hours, per diem

**ICD9:**                      Multiple diagnosis codes

**ICD10:**                    Multiple diagnosis codes

**REFERENCES:**

New York State Office of Mental Health Regulations for a PHP, Section 587.12 Partial hospitalization programs.

The Office of Alcoholism and Substance Abuse Services Guidelines.

**KEY WORDS:** Substance Use, Chemical Dependency

## CMS COVERAGE FOR MEDICARE PRODUCT MEMBERS

There are currently National Coverage Determinations (NCD) and Local Coverage Determinations (LCD) for treatment of substance use disorders. Please refer to the following NCD and LCD websites for Medicare Members:

NCD- Treatment of drug abuse:

<http://www.cms.gov/medicare-coverage-database/details/ncd-details.aspx?NCDId=28&ncdver=1&CoverageSelection=Both&ArticleType=All&PolicyType=Final&s=New+York++Upstate&CptHcpcsCode=36514&bc=gAAAABAAAAAAAA%3d%3d&>

LCD- Psychiatric Partial Hospitalization Programs: [https://www.cms.gov/medicare-coverage-database/details/lcd-details.aspx?LCDId=33626&ContrId=298&ver=11&ContrVer=1&CtrctrSelected=298\\*1&Ctrctr=298&name=National+Government+Services%2c+Inc.+\(13201%2c+A+and+B+and+HHH+MAC%2c+J++K\)&s=All&DocType=Active&bc=AggAAAQAAAAAAAA%3d%3d&](https://www.cms.gov/medicare-coverage-database/details/lcd-details.aspx?LCDId=33626&ContrId=298&ver=11&ContrVer=1&CtrctrSelected=298*1&Ctrctr=298&name=National+Government+Services%2c+Inc.+(13201%2c+A+and+B+and+HHH+MAC%2c+J++K)&s=All&DocType=Active&bc=AggAAAQAAAAAAAA%3d%3d&)